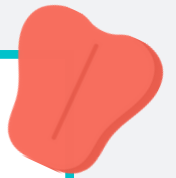


1

Your taste buds can detect how many types of taste?

(1 point)



True or false: A colloid consists of two parts, colloidal particles and the dispersing medium.

(1 point)

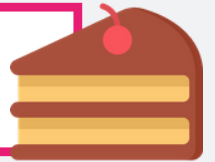
2

3

When baking, which of the below is known as the binding agent?

A: Egg **B:** Flour **C:** Butter

(1 point)



When thickening a liquid, what is this process called?

(1 point)

4

5

Which of the below is a carbohydrate?

A: Spinach **B:** Tuna **C:** Bread

(1 point)

6

Mechanical, chemical and biological are all sorts of what?

(1 point)

7

Obesity, high blood, heart disease and diabetes are all commonly a result of what food type?

(1 point)



8

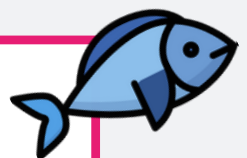
The disease scurvy can be caused by a lack of _____

(1 point)

9

Eggs, fish and chicken are all high in _____

(1 point)



True or false: On a food label, ingredients must be listed in descending order of inclusion by weight.

(1 point)

10



11

Fats rich in _____ and _____ are needed for normal brain development of a baby.

(1 point)

If a food has all the indispensable _____, it has a high biological value (HBV).

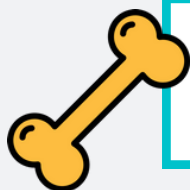
(1 point)

12

13

True or false: Water intake helps excrete excess waste from the kidneys, maintains blood pressure, and lubricates joints.

(1 point)



What is the ingredient called which is made of animal ligaments, tendons and bones which is avoided by vegans and vegetarians?

(1 point)

14

15

Supplementing food and drink with vitamins and minerals is known as?

(1 point)



Age, knowledge, ethnicity and access are all barriers to what?

(1 point)

16

17

Known as the danger zone, the optimum temperature range for bacterial growth is between 5 and ____°C.

(1 point)



As part of the food chain, food is transported to a factory and will go through what two types of testing?

(1 point)

18

19

True or false: Fair trade does not protect the environment farmers work in.

(1 point)



The Soil Association works with _____, farmers and retailers to ensure high standards of organic food production.

(1 point)

20

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